

7 Critical Decisions for Teens

1. Who will your friends be?
 - a. Whoever is most fun or whoever is most popular?
 - b. Do these people bring the best out in me?
2. Whose opinions matter to you?
 - a. Chameleon => always changing
 - b. Need to identify whose opinion is really important
3. Whose advice will you follow?
 - a. Friends & mentors help you grow
 - b. Seek advice from people further down the road
4. What career direction will you go?
 - a. Identify general direction, not a specific passion
5. What roles will alcohol, drugs & sex play in your life?
 - a. Need to make a decision or it will be made for you
 - b. Need to talk about issues directly
6. How are you going to handle setbacks in your life?
 - a. If you do not decide => Follow peers
 - b. Mediocre way => Whiny, victim
 - c. Truly extraordinary
 - i. What is my responsibility?
 - ii. What could I do differently?
 - iii. How do I move forward?
7. When are you going to start making these decisions to move forward?